

*Action for
Children*



Ditch the duvet. Banish the blanket. Pack the pillow.

Challenge yourself to spend the night in the most unusual place you can think of.

Wherever you sleep, the money you raise can make children's dreams of a safe and happy childhood come true.

Friday 9 July 2021

Sign up today at:

boycottyourbed.co.uk/boards-registration

Boycott your Bed is back. On Friday 9 July, join forces with family, friends or colleagues to raise money by spending the night in the most unusual place you can think of.

Will you camp out under the stars or under the stairs? Bunk down in the bathroom or the back garden? Where will you sleep to challenge yourself? Before you settle in for the night, join us for an evening of virtual entertainment packed with famous faces, bringing people together across the UK.

Boycott your Bed and you'll bring hope to vulnerable UK children hit hardest by the Covid-19 pandemic.

Nine children in every UK school class of 30 are living in poverty.

Life was difficult for vulnerable children and their families before the pandemic. Now things are even harder. But with your help we can change things. Because no child should go to bed hungry. And no child should lie awake feeling frightened about how their family is going to cope.

In the last year, our Coronavirus Emergency Fund has provided essentials, like food and warm clothes, to around 20,000 children and young people. Our frontline key workers have kept 99% of services open. And Parent Talk, our online support service, has been a vital lifeline for more than 350,000 children and families seeking reassurance and advice.

With your support, we can stop poverty and the pandemic from scarring a generation.

The money you raise can make children's dreams of a safe and happy childhood come true.

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Any questions? Email us at: **boycottyourbed@actionforchildren.org.uk**
#BoycottYourBed